

## Daily Prayers along with Prayer Journal and Time Log

Prayer time does not just involve biblical concepts, principles, requests, confessions and needs, but involves interacting with the person of Christ.

- Our Father – My Father – who is in heaven, hallowed be Your Name. The Lord rules and reigns from His throne in heaven. His train fills the temple. All those present are saying, Holy, Holy, Holy is the Lord. He is the Alpha and Omega, Adonai Yahweh, Jehovah Jireh, Jehovah Rapha, the Bread of Life, Light of the World, the Door, the Good Shepherd, the Way, Truth and Life, the Vine, the Resurrection and the Life, the Great Eternal High Priest, King of Kings and the Lord of Lords, He is my friend and the Lord Jesus is my brother, He is the I Am, He is my Advocate, He is Elohim, God Almighty, NKJ Psalm 150:6 Let everything that has breath praise the LORD. Praise the LORD!
- "O LORD, our Lord, How excellent is Your name in all the earth,..." Psalm 8:1
- Examples of Names of God:
- ELOHIM.....Genesis 1:1, Psalm 19:1 meaning "God", a reference to God's power and might.
- ADONAI..... Master
- JEHOVAH--YAHWEH....Genesis 2:4 a reference to God's divine salvation. NKJ Exodus 3:15 Moreover God said to Moses, "Thus you shall say to the children of Israel: 'The LORD God (YHVH ADONAI) of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you. This is My name forever, and this is My memorial to all generations.'
- KANNA Use in the Bible: In the Old Testament Qanna occurs 6 times. Qanna is first used in Exd 20:5.
- Variant spellings: Kanna
- TWOT Reference: 2038b
- Strong's Reference: 7067
- Qanna in the Septuagint: zêlôtês...jealous
- Meaning and Derivation: Qanna is translated as "jealous," "zealous," or "envy." The fundamental meaning relates to a marriage relationship. God is depicted as Israel's husband; He is a jealous God, wanting all our praise for Himself and no one else. (cf. Exd 34:14)

- NKJ Exodus 34:14 '(for you shall worship no other god, for the LORD, whose name is Jealous, is a jealous God), NKJ Exodus 20:5 you shall not bow down to them nor serve them. For I, the LORD your God, am a jealous God, visiting the iniquity of the fathers on the children to the third and fourth generations of those who hate Me,
- JEHOVAH-MACCADESHEM.. M'kaddesh.....Exodus 31:13
- meaning "The Lord thy sanctifier" NKJ Exodus 31:13 "Speak also to the children of Israel, saying: 'Surely My Sabbaths you shall keep, for it is a sign between Me and you throughout your generations, that you may know that I am the LORD who sanctifies you. NKJ John 14:30 "I will no longer talk much with you, for the ruler of this world is coming, and he has nothing in Me.
- JEHOVAH-ROHI...Raah.. RAW AW .Psalm 23:1 meaning "The Lord my shepherd"
- JEHOVAH-SHAMMAH.....Ezekiel 48:35 meaning "The Lord who is present" NKJ Ezekiel 48:35 "All the way around shall be eighteen thousand cubits; and the name of the city from that day shall be: THE LORD IS THERE." JEHOVAH-RAPHA.....Exodus 15:26 meaning "The Lord our healer" NKJ Exodus 15:26 and said, "If you diligently heed the voice of the LORD your God and do what is right in His sight, give ear to His commandments and keep all His statutes, I will put none of the diseases on you which I have brought on the Egyptians. For I am the LORD who heals you."
- JEHOVAH-TSIDKENU.....Jeremiah 23:6 meaning "The Lord our righteousness"
- JEHOVAH-JIREH.....Genesis 22:13-14 meaning "The Lord will provide" NKJ Genesis 22:13 Then Abraham lifted his eyes and looked, and there behind him was a ram caught in a thicket by its horns. So Abraham went and took the ram, and offered it up for a burnt offering instead of his son. 14 And Abraham called the name of the place, The-LORD-Will-Provide; as it is said to this day, "In the Mount of The LORD it shall be provided."
- JEHOVAH-NISSI.....Exodus 17:15 meaning "The Lord our banner" NKJ Exodus 17:15 And Moses built an altar and called its name, The-LORD-Is-My-Banner; Amakelites
- JEHOVAH-SHALOM.....Judges 6:24 meaning "The Lord is peace" NKJ Judges 6:24 So Gideon built an altar there to the LORD, and called it The-LORD-Is-Peace. NKJ 1 John 2:1 ¶ My little children, these things I write to

you, so that you may not sin. And if anyone sins, we have an Advocate with the Father, Jesus Christ the righteous. Parakletan – advocate – helper, with sins so that I might have peace with God the Father. NKJ Romans 5:1 ¶  
Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ,

- JEHOVAH-SABBAOTH.....Isaiah 6:1-3 meaning "The Lord of Hosts"  
NKJ Isaiah 6:3 And one cried to another and said: "Holy, holy, holy is the LORD of hosts; The whole earth is full of His glory!" Sabaoth (se bâ'ôt) means "armies" or "hosts." Jehovah Sabaoth can be translated as "The Lord of Armies" (1Sa 1:3). This name denotes His universal sovereignty over every army, both spiritual and earthly.
- JEHOVAH-GMOLAH.....Jeremiah 51:6 meaning "The God of Rcompense"
- EL-ELYON.....Genesis 14:17-20,Isaiah 14:13-14 meaning "The most high God NKJ Genesis 14:20 And blessed be God Most High, Who has delivered your enemies into your hand." And he gave him a tithe of all.
- EL-ROI.....Genesis 16:13 meaning "The strong one who sees me"  
NKJ Genesis 16:13 Then she called the name of the LORD who spoke to her, You-Are-the-God-Who- Sees; for she said, "Have I also here seen Him who sees me?"
- EL-SHADDAI.....Genesis 17:1,Psalm 91:1 meaning "The God of the mountains or God Almighty" NKJ Genesis 17:1 ¶ When Abram was ninety-nine years old, the LORD appeared to Abram and said to him, "I am Almighty God; walk before Me and be blameless.
- NKJ Genesis 18:14 "Is anything too hard for the LORD? At the appointed time I will return to you, according to the time of life, and Sarah shall have a son."
- EL-OLAM.....Isaiah 40:28-31 meaning "The everlasting God"
- MORE NAMES OF GOD--Father, Son, Holy Spirit
  - • AVENGER.....1Thess.4:6
  - • ABBA.....Romans 8:15
  - • ADVOCATE.....I John 2:1 (kjb) par ak letan
  - • ALMIGHTY.....Genesis 17:1
  - • ALL IN ALL.....Colossians 3:11
  - • ALPHA.....Revelation 22:13 • NKJ Revelation 22:13 "I am the Alpha and the Omega, the Beginning and the End, the First and the Last."

- • AMEN.....Revelation 3:14
- • ANCIENT OF DAYS.....Daniel 7:9
- • ANOINTED ONE.....Psalm 2:2
- • APOSTLE.....Hebrews 3:1
- • ARM OF THE LORD.....Isaiah 53:1
- • AUTHOR OF ETERNAL SALVATION.....Hebrews 5:9
- • AUTHOR OF OUR FAITH.....Hebrews 12:2
- • AUTHOR OF PEACE.....1 Cor. 14:33
- • BEGINNING.....Revelation 21:6
- • BISHOP OF SOULS.....1 Peter 2:25
- • NKJ 1 Peter 2:25 For you were like sheep going astray, but have now returned to the Shepherd and Overseer of your souls.
- • BLESSED & HOLY RULER.....1 Timothy 6:15
- • BRANCH.....Jeremiah 33:15
- • BREAD OF GOD.....John 6:33
- • BREAD OF LIFE.....John 6:35 • NKJ John 6:35 ¶ And Jesus said to them, "I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst. • BREATH OF LIFE.....Genesis 2:7, Revelation 11:11 • BRIDEGROOM.....Isaiah 62:5
- • BRIGHT MORNING STAR.....Revelation 22:16 • NKJ Revelation 22:16 ¶ "I, Jesus, have sent My angel to testify to you these things in the churches. I am the Root and the Offspring of David, the Bright and Morning Star."
- • BUCKLER.....2 Sam.22:31kjv,Psalm 18:2kjv,Psalm 18:30kjv,Proverbs 2:7kjv • NKJ 2 Samuel 22:31 As for God, His way is perfect; The word of the LORD is proven; He is a shield to all who trust in Him.
- • CAPTAIN OF SALVATION.....Hebrews 2:10 • NKJ Hebrews 2:10 ¶ For it was fitting for Him, for whom are all things and by whom are all things, in bringing many sons to glory, to make the captain of their salvation perfect through sufferings.
- • CARPENTER.....Mark 6:3
- • CHIEF SHEPHERD.....1 Peter 5:4
- • CHOSEN ONE.....Isaiah 42:1
- • CHRIST.....Matthew 22:42
- • CHRIST OF GOD.....Luke 9:20

- • CHRIST THE LORD.....Luke 2:11
- • CHRIST, SON OF LIVING GOD.....Matthew 16:16
- • COMFORTER.....John 14:26(kjv)
- • COMMANDER.....Isaiah 55:4
- • CONSOLATION OF ISRAEL.....Luke 2:25
- • CONSUMING FIRE.....Deut. 4:24, Heb. 12:29 • NKJ Hebrews 12:29 For our God is a consuming fire.
- • CORNERSTONE.....Isaiah 28:16 • NKJ Isaiah 28:16  
Therefore thus says the Lord GOD: "Behold, I lay in Zion a stone for a foundation, A tried stone, a precious cornerstone, a sure foundation; Whoever believes will not act hastily.
- • COUNSELOR.....Isaiah 9:6
- • CREATOR.....1 Peter 4:19
- • CROWN OF BEAUTY.....Isaiah 28:5
- • DAYSPRING.....Luke 1:78
- • DELIVERER.....Romans 11:26
- • DESIRED OF ALL NATIONS.....Haggai 2:7
- • DIADEM OF BEAUTY.....Isaiah 28:5
- • DOOR.....John 10:7(kjv)
- • NKJ John 10:7 ¶ Then Jesus said to them again, "Most assuredly, I say to you, I am the door of the sheep.
- • DWELLING PLACE.....Psalm 90:1
- • ELECT ONE.....Isaiah 42:1
- • EMMANUEL.....Matthew 1:23(kjv)
- • END.....Revelation 21:6
- • ETERNAL GOD.....Deut. 33:27
- • ETERNAL LIFE.....1 John 5:20
- • ETERNAL SPIRIT.....Hebrews 9:14
- • EVERLASTING FATHER.....Isaiah 9:6
- • EVERLASTING GOD.....Genesis 21:33
- • EXCELLENT.....Psalm 148:13(kjv)
- • FAITHFUL & TRUE.....Revelation 19:11
- • FAITHFUL WITNESS.....Revelation 1:5
- • FATHER.....Matthew 6:9 •
- • FIRSTBORN.....Rom.8:29,Rev.1:5,Col.1:15
- • FIRSTFRUITS.....1 Cor.15:20-23

- • FORTRESS.....Jeremiah 16:19
- • FOUNDATION.....1 Cor. 3:11
- • FOUNTAIN OF LIVING WATERS.....Jeremiah 2:13 •
- FRIEND.....Matthew 11:19
- FULLERS'SOAP and REFINERS FIRE .....Malachi 3:2(kjv)  
NKJ Malachi 3:2 ¶ "But who can endure the day of His coming? And who can stand when He appears? For He is like a refiner's fire And like launderer's soap.
- • GENTLE WHISPER.....1 Kings 19:12
- • GIFT OF GOD.....John 4:10
- • GLORY OF THE LORD.....Isaiah 40:5
- • GOD.....Genesis 1:1 • GOD  
ALMIGHTY.....Genesis 17:1 • GOD OF THE WHOLE  
EARTH.....Isaiah 54:5
- • GOD OVER ALL.....Romans 9:5
- • GOD WHO SEES ME.....Genesis 16:13
- • GOODNESS.....Psalm 144:2(kjv)
- • GOOD SHEPHERD.....John 10:11
- • GOVERNOR.....Psalm 22:28(kjv)
- • GREAT HIGH PRIEST.....Hebrews 4:14
- • GREAT SHEPHERD.....Hebrews 13:20
- • GUIDE.....Psalm 48:14
- • HEAD OF THE BODY.....Colossians 1:18
- • HEAD OF THE CHURCH.....Ephesians 5:23
- • HEIR OF ALL THINGS.....Hebrews 1:2
- • HIDING PLACE.....Psalm 32:7
- • HIGHEST.....Luke 1:76
- • HIGH PRIEST.....Hebrews 3:1
- • HIGH PRIEST FOREVER.....Hebrews 6:20
- • HOLY GHOST.....John 14:26
- • HOLY ONE.....Acts 2:27
- • HOLY ONE OF ISRAEL.....Isaiah 49:7
- • HOLY SPIRIT.....John 15:26 •
- HOPE.....Titus 2:13 • HORN OF  
SALVATION.....Luke 1:69 • NKJ Luke 1:69 And has raised up a  
horn of salvation for us In the house of His servant David, • Psalm 18:2.

Both record the same psalm of David after God saved him from his enemy Saul. He says, "The Lord is my rock and my fortress and my deliverer, my God, my rock in whom I take refuge, my shield, and the horn of my salvation." • God is his defense (his shield) and his offense (his deadly and powerful horn). • He is a horn of salvation because he uses his power to secure and protect his people. • And that brings us back now to Luke 1:69. Jesus is the horn of salvation because he is a deadly weapon and tremendous power which, according to verse 71, God uses to save his people from their enemies and all who hate them. Zechariah means primarily; that the Messiah will one day literally destroy his enemies and gather his people into his land and rule them in peace. And indeed, he will when he comes a second time. But Zechariah's words necessarily imply more than that. • Verses 74 and 75 show that the goal of God's redemption in raising up a horn of salvation is to "grant that we, being delivered from the hand of our enemies, might serve him without fear in holiness and righteousness before him all the days of our life." God's aim in raising a horn of salvation is not merely to liberate an oppressed people, but to create a holy and righteous people who live in no fear because they trust him. • HUSBAND.....Isaiah 54:5,Jere.31:32,Hosea 2:16

- • I AM.....Exodus 3:14, John 8:58
- • IMAGE OF GOD.....2 Cor. 4:4
- • IMAGE OF HIS PERSON.....Hebrews 1:3 (kjb) •  
IMMANUEL.....Isaiah 7:14
- • INTERCESSOR.....Romans 8:26,27,34 Hebrews 7:25
- • JAH.....Psalm 68:4(kjb)
- • JEALOUS.....Exodus 34:14(kjb)
- • JEHOVAH.....Psalm 83:18(kjb)
- • JESUS.....Matthew 1:21
- • JESUS CHRIST OUR LORD.....Romans 6:23
- • JUDGE.....Isaiah 33:22, Acts 10:42 • NKJ Acts 10:42  
"And He commanded us to preach to the people, and to testify that it is He who was ordained by God to be Judge of the living and the dead.
- • JUST ONE.....Acts 22:14
- • KEEPER.....Psalm 121:5
- • KING.....Zechariah 9:9
- • KING ETERNAL.....1 Timothy 1:17
- • KING OF GLORY.....Psalm 24:10

- • KING OF JEWS.....Matthew 27:11
- • KING OF KINGS.....1 Timothy 6:15
- • KING OF SAINTS.....Revelation 15:3
- I AM THE BREAD OF LIFE John 6:35 NKJ John 6:35 ¶ And Jesus said to them, "I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst.
- I AM THE LIGHT OF THE WORLD NKJ John 8:12 Then Jesus spoke to them again, saying, "I am the light of the world. He who follows Me shall not walk in darkness, but have the light of life."
- I AM THE GOOD SHEPHERD
- NKJ John 10:11 "I am the good shepherd. The good shepherd gives His life for the sheep.
- I AM THE DOOR
- NKJ John 10:7 ¶ Then Jesus said to them again, "Most assuredly, I say to you, I am the door of the sheep.
- I AM THE RESSURECTION AND LIFE
- NKJ John 11:25 Jesus said to her, "I am the resurrection and the life. He who believes in Me, though he may die, he shall live.
- I AM THE WAY, TRUTH AND LFIE
- NKJ John 14:6 Jesus said to him, "I am the way, the truth, and the life. No one comes to the Father except through Me.
- I AM THE VINE
- NKJ John 15:5 "I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing.
- I AM NKJ Revelation 22:13 "I am the Alpha and the Omega, the Beginning and the End, the First and the Last." I AM
- NKJ Revelation 22:16 ¶ ... I am the Root and the Offspring of David, the Bright and Morning Star."
- • In Genesis, Jesus Christ is the seed of the woman. • In Exodus, He is the passover lamb,. • In Leviticus, He is our high priest and fulfillment of all 5 offerings and all 6 Jewish feasts. • In Numbers, He is the pillar of cloud by day and the pillar of fire by night, like unto the bronze serpent lifted up in the wilderness, like unto the Rock that brought forth water for the people, like unto manna from heaven, 6 cities of Refuge, the Red heifer sacrifice. • In Deuteronomy, He is the prophet like unto Moses. • In Joshua, He is the captain of our salvation. Leads us in triumph 2 Cor 2:14/Heb 2:10 • In Judges, He is our Deliverer. • In Ruth, He is our



- kinsman redeemer. • In 1st and 2nd Samuel, He is our trusted prophet. • In Kings and Chronicles, He is our reigning king and the Son of David – Hebrew Bible ends with Chronicles giving pedigree of kings of Judah.
- • In Ezra, Faithful Scribe
  - Nehemiah, He is the rebuilder of the broken down walls of human life. • In Esther, He is our Mordecai. • In Job, He is our ever-living redeemer.
  - NKJ Job 19:25 For I know that my Redeemer lives, And He shall stand at last on the earth;
  - • In Psalms, He is our shepherd/Shield, Buckler, Horn and the Anointed One • In Proverbs and Ecclesiastes, He is our wisdom. • In the Song of Solomon, He is the loving bridegroom, Lilly of the Valley and the Rose of Sharon • In Isaiah, He is the prince of peace/Mighty God/Everlasting Father/Suffering Servant/Light unto the Gentiles and Counselor, Cornerstone and Immanuel – God with us. • In Jeremiah, He is the righteous branch. • In Lamentations, He is our weeping prophet. • In Ezekiel, He is the wonderful four-faced man and the Lord who is present with us and the True Shepherd. • In Daniel, He is the fourth man in the “fiery furnace/ancient of Days and the fulfillment of the 70 weeks. • In Hosea, He is the faithful husband,
  - • In Joel, He is the baptizer who baptizes with the Holy Spirit and fire. • In Amos, He is our burden-bearer. • In Obadiah, He is the mighty to save and is coming to judge all nations • In Jonah, He is the God who shows mercy, compassion and who is slow to anger, abounding in love and relents in sending calamity. • In Micah, He is the messenger of beautiful feet. • In Nahum, He is the avenger of God’s elect. • In Habakkuk, he is God’s evangelist, crying,
  - In Zephaniah, He restorer of God’s lost heritage • In Haggai, /Cleaning Fountain • In Zechariah, Pierced Son. • In Malachi, He is the Sun of Righteousness, rising with healing in His wings/Refiners Fire and Launderer’s Soap
  - NKJ Malachi 3:2 ¶ "But who can endure the day of His coming? And who can stand when He appears? For He is like a refiner's fire And like launderer's soap.
  - • In Matthew, He is King of the Jews. • In Mark, He is the Servant. • In Luke, He is the Son of Man, feeling what you feel. • In John, He is the Son of God and the Lamb of God who takes away the sins of the world. John 1:29 • In Acts, He is the Savior of the world. • In Romans, He is the

righteousness of God. • In I Corinthians, He is the Rock that followed Israel. • In II Corinthians, He is the Triumphant One, giving victory. • In Galatians, He is your liberty; He sets you free. • In Ephesians, He is Head of the Church and our peace • In Philippians, He is your joy. • In Colossians, He is your completeness. • In 1st and 2nd Thessalonians, He is your hope. • In I Timothy, He is your faith. • In II Timothy, He is your stability. • In Philemon, He is your Benefactor (one whose actions benefit another) • In Titus, He is truth. • In Hebrews, He is your perfection and Great High Priest • In James, he is the Power behind your faith. • In I Peter, He is your example. • In II Peter, He is your purity. • In I John, He is your life/Advocate • In II John, He is your pattern. • In III John, He is your motivation. • In Jude, He is the foundation of your faith. • In Revelation, He is King of Kings, Lord of Lords, Alpha and Omega, Beginning and End, First and Last, Bright and Morning Star and He is coming again.

- I seek your Kingdom – and your righteousness - Father. Mat. 6:33
- Lord Jesus make my heart tender so that I may not only hear you but obey you.
- NKJ Hebrews 3:7 ¶ Therefore, as the Holy Spirit says: "Today, if you will hear His voice, 8 Do not harden your hearts as in the rebellion, In the day of trial in the wilderness,
- Sit, walk and stand. **1. Sit** (Abide) We are seated with Christ in heavenly places – we are waiting on Him and resting in Him. The Lord Jesus is the vine and I am one of the branches rooted into the vine. He is the source of all life for me. Out of that life comes everything needed to live as one who is *more* than a conqueror. Many in history have conquered many kingdoms and armies, but outside of Christ all have returned to dust. Not so for the believer. The believer has conquered all his enemies, even the last enemy, death. The grave cannot hold the believer in Christ. **Ephesians 2:6** and raised us up with Him, and seated us with Him in the heavenly *places*, in Christ Jesus, for also the Scriptures says: **John 14:20** "In that day you shall know that I am in My Father, and you in Me, and I in you. **2. Walk** – (Agree) Turn my mind Lord to agree with your mind. We walk with the

Lord to do His work and will and have fellowship with Him. We remember how Adam walked with God in the garden in the cool of the day. Ephesians 2:10 For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them. Ephesians 4:1 ¶ I, therefore, the prisoner of the Lord, entreat you to walk in a manner worthy of the calling with which you have been called, Ephesians 5:2 and walk in love, just as Christ also loved you, and gave Himself up for us, an offering and a sacrifice to God as a fragrant aroma. Ephesians 5:8 for you were formerly darkness, but now you are light in the Lord; walk as children of light Ephesians 5:15 Therefore be careful how you walk, not as unwise men, but as wise, **3. Stand (Resist)** Standing with the Lord represents our struggle with our enemies. We are commanded to put on our spiritual weapons so that we might stand with the Lord against evil. God certainly does not need our help but has commanded us to participate with Him in this life. Ephesians 6:11 Put on the full armor of God, that you may be able to stand firm against the schemes of the devil. Ephesians 6:13-14 Therefore, take up the full armor of God, that you may be able to resist in the evil day, and having done everything, to stand firm. Stand firm therefore, having girded your loins with truth, and having put on the breastplate of righteousness, Rom. 12:21.

- Apparently, the spiritual battle is in heavenly places – God has given me the Holy Spirit in my spirit so I can do spiritual battle – pray for the lost, share with the lost, pray for the saints and help shoulder their burdens, pray for the saints to repent, tear down and come against the plots, plans and lies of the devil. It is God's will that I stand firm against the schemes of the devil – to struggle in prayer against his power of darkness – to pray to the Lord that the light will come through.
- God loves a cheerful giver. Father, help me to consider farming every day in your kingdom. Lord, I want to plant good seed I want to give the seed and plant the seed so that a great harvest might be realized. I want to be a cheerful giver. What a joy it is to give. Jesus said, ‘It is better to give than receive’. I don’t want to be like Ananias and Sapphira – two people who purposed to give, but held back and lied about the proceeds. John Wesley

was a wealthy man, but ended his life as a pauper. Wesley gave it all away. I want to help others in their need. Lord use my time, thoughts, money, studies, choices, emotions, example in living, words, and relationships as seed for the harvest. 2 Cor. 9 Can we out give the Lord? When we give to the needs of the saints does it not please the Lord?

- It is well with my soul. It may or may not be well in the circumstance of life but it is well with my soul. 2 Cor. 7:1-2 ...since we have such promises... To experience the wellness of the soul is a matter of choice. Empower me Lord to say, '*Whatever my lot, thou has taught me to say... 'It is well with my soul....*

When peace, like a river, attendeth my way,  
When sorrows like sea billows roll;  
Whatever my lot, Thou hast taught me to say,  
It is well, it is well with my soul.

- Refrain:  
It is well with my soul,  
It is well, it is well with my soul.

Though Satan should buffet, though trials should come,  
Let this blest assurance control,  
That Christ hath regarded my helpless estate,  
And hath shed His own blood for my soul.

My sin—oh, the bliss of this glorious thought!—  
My sin, not in part but the whole,  
Is nailed to the cross, and I bear it no more,  
Praise the Lord, praise the Lord, O my soul!

For me, be it Christ, be it Christ hence to live:  
If Jordan above me shall roll,  
No pang shall be mine, for in death as in life  
Thou wilt whisper Thy peace to my soul.

But, Lord, 'tis for Thee, for Thy coming we wait,  
The sky, not the grave, is our goal;  
Oh, trump of the angel! Oh, voice of the Lord!  
Blessed hope, blessed rest of my soul!

And Lord, haste the day when the faith shall be sight,  
The clouds be rolled back as a scroll;  
The trump shall resound, and the Lord shall descend,  
Even so, it is well with my soul.

Horatio Spafford

- Lord, may I not rely on soul power – persuasive words or opinions or manipulation, but on your Spirit flowing through my spirit and soul, to minister your life.  
(See Appendix for commentary on chemistry of man – soul, spirit and body – It is not finished, but a work in progress)
- The FUTURE IS BRIGHT AND FULL OF GLORY!!!! ROM. 8:18
- My aim is to be pleasing to the Lord. 2 Cor. 5:9
- I am peace with the Lord – For He Himself is our Peace. Eph. 2:14
- I am a dead man. Dead to anything outside the Lords will. I choose to abide in him. I will not be moved in my mind, will or emotions. Jn. 15:4-5. I am alive to the Lord and His will.
- I am dead to greed, blaming, dishonesty, coveting, laziness, despair, hopelessness, jealousy, moodiness, worry, lust, desires of the flesh, evil, selfishness, fretting, judging, rushing to judgment, regrets, looking in the past (Phil 3:13).
- Your Word is a lamp unto my feet and a light unto my path. Ps 119:105
- I am alive to You Lord, your person and presence and power to change lives.
- Alive to faith, hope, and love, in Christ.
- The Buck stops here with me. I have a responsibility to live in the light, walk in the light, abide in Christ and obey His commandments. I John 1 and John 15.
- I seek wisdom from the Lord Prov. 1:7
- I fear the Lord - **2 Corinthians 5:11** Therefore knowing the fear of the Lord, we persuade men...
- I am a person of action
- My destiny is assured-I choose not to worry. I choose to trust in the Lord and in His ways and his timing.
- God is in control. He is sovereign. Is. 6 Gen. 1:1 Rev. 4 & 5
- Today I choose to be happy in the Lord.
- Others have done harmful things, but God meant it for my good.

- Phil 1:12 but I want u to know brethren, the things which happened to me have actually turned out for the furtherance of the gospel. (which glorifies God),
- I will persist without exception. I will endure. 1 Cor. 13; Love bears all things, believes all things and endures all things. Love does not shrink back from responsibility or duty. Love does not withdraw. Love solves problems, answers questions and finishes the race.
- God is with me. *Fear not.*
- May you humble me as I look at the sins of others. *‘But for the grace of God that would be me’.*
- I trust you Lord to be my life/tame my tongue/be my patience and joy. Put to death the works of the flesh. Live in my place. Rom. 13:14 Gal. 2:20
- I choose to wait on the Lord. Isa. 26:3 ISA. 40:31
- I choose to rest in the Lord. Jn. 15:5 Abide in me. **Matthew 11:28** "Come to Me, all who are weary and heavy-laden, and I will give you rest.
- I give up ownership of materialism, ministry and my kids. You, Lord own everything and everyone. The earth is the Lord's. Ps24:1. I am a servant and steward. And slave.
- I choose to give to the Lord. What will I give today? Help me Lord to give sacrificially. What offering will I bring today? Rom 12:1 – the spiritual offering will consist of something dead and something alive. Death to the ole man – reckon. I choose to reckon myself dead to sin. Life - I choose to allow the Lord to use my temple/body for His purpose and desire. I choose to allow the Lord to express His life through my life.
- I choose to repent in the Lord. **2 Corinthians 7:11** <sup>11</sup> For behold what earnestness this very thing, this godly sorrow, has produced in you: what vindication of yourselves, what indignation, what fear, what longing, what zeal, what avenging of wrong! In everything you demonstrated yourselves to be innocent in the matter.
- I choose to forgive in the Lord. I am not the judge. The Lord is the judge. Matt. 7; The Lord’s Prayer. Matt. 6
- I choose to walk by the Spirit, to be in agreement with the Lord (Amos 3:3).
- I choose to receive forgiveness from the Lord.
- The Lord has taken my filthy clothes away and given me clothes of righteousness. Isaiah 61:10 Zac 3; *Rom 13:12 The night has advanced toward dawn; the day is near. So then we must lay aside the works of darkness, and put on the weapons of light. As well, Eph 6:11 Clothe*

*ourselves with the full armor of God so that you may be able to stand against the schemes<sup>19</sup> of the devil.*

- I choose to give thanks in the Lord for everything. Phil. 4
- I choose to rejoice in the Lord always. Phil. 4:4
- I choose to use my time wisely for the Lord. Eph. 5:16
- I choose/I request the filling of the Holy Spirit in my life. Eph. 5:18
- I trust you Lord to make me poor in spirit, to mourn over my sins, make me a meek man who is a peacemaker, to hunger and thirst for righteousness, and become merciful in the Lord. Mat. 5; Before I met you Lord, I was a man of unclean lips.
- I need practice Lord. I thank you for what you allow in my life to benefit my walk and the walk of others.
- I worship the one and true Lord God through the Spirit and in truth. John 4
- Father, lead me not into temptation but deliver me from evil. Mat. 6
- I can do all things through Christ. Phil 4:13
- I submit my mind, will, emotions and body to the Lord. Rom. 12:1-2
- Mind -Thoughts - we must detect any ungodly thought, reject it, and replace it with truth of Scripture.
- Will- where I make choices. Lord, strengthen my will to do your will. Lord's Prayer – thy will be done on earth as it is in heaven.
- Emotions - feelings, affections, desires- there is nothing that I desire but you.
- Body- Living sacrifice
- Spirit- Yielded and in agreement with the Holy Spirit. I choose to delight in the law of Christ. Gal 6:2 bear one another's burdens and so fulfill the law of Christ.
- I choose to be a witness for the Lord today. Acts 1:8
- Speak Lord, for you servant is listening. I Sam 3.

## **APPENDIX**

Commentary on the mind, will, emotions, body, spirit and Soul (a work just beginning/I have a lot of work to do on this study):

Understanding the makeup of man can help our Christian experience. I believe there is a good case to be made for the trichotomy of man since man was created in the image of God. We know the Scriptures teach that God is one (the Hebrew plural – *echad* - for one as opposed to *yachid* – the Hebrew

for one which is singular). God is one, yet God is three distinct persons (God the Father, God the Son and God the Holy Spirit). One God, three persons.

Humans are represented by one person consisting of three entities: body, soul and spirit. My body is the physical presence I possess in this three dimensional world. I must have a body to live on this planet. When my body finally yields to death, my spirit will leave my body (1Cor. 15:50). My body allows my soul and spirit to operate in this earthly world. My body is neutral, spiritually speaking. However, my body can be used by the Christian for good or evil purposes as a result of the flesh (not the physical body, but the base camp in every person's life where the law of sin and death operate). For example, the Christian can decide with his will to use his body as an instrument for the Lord. Likewise, the Christian could decide to use his body for his own selfish purposes. Sampson would be an example of an Old Testament believer who used the strength of his life mostly for his own selfish purposes. We must choose to use our bodies for the Lord (1Cor. 6:13).

We also were created with a soul. Our souls consist of the mind, will and emotions. Thoughts go in and out of our minds all day long. According to the National Science Foundation, our brains produce as many as 50,000 thoughts per day.<sup>1</sup> Some of the thoughts we detect are good and some are bad. Our will makes decisions and choices. Our will decides what we do with the thoughts in our minds. It is paramount that we understand what God wants us to do with our minds. It is just as important to understand what God does not want us to do with our minds.

Our bodies will someday turn to dust. However, our spirits are eternal. The moment I decided to receive Christ in my life the Lord's Spirit came into my spirit (He did not wait for me to say the sinners prayer) (1Thes. 4:8). Prior to justification my spirit was dead and totally separated from God. My spirit was in total darkness and condemned. However, at the moment of justification my spirit joined with His Spirit. The Son of God joined my spirit through the person of God the Holy Spirit. Christ is now in me and I am in Him (Jn. 14:20). My spirit now possesses eternal life because eternal life exists in the Son. The Son of God is in me in my spirit and therefore I

---

<sup>1</sup>Ibid.



possess what He possesses. The Christian's soul rests in the loving care of his or her heavenly Father. My spirit cannot be touched by this world or any demon. My spirit is out of harm's way for eternity. My spirit is in the light and full of light. My spirit is righteous and justified before God. However, my body and spirit. My physical body is subject to positive and negatives. I can experience for example health and harmony, but also displeasure and hardship. This world is like a billowing sea when it comes to my body – but not my soul.

Our bodies, mind, will, and emotions in this world are subject to influence from our enemies – sins of the flesh, world, Satan, and death.

*God came to save us from all our enemies. God delivered us from our enemies that we might serve Him. Luke 1:74 that we, being rescued from the hand of our<sup>229</sup> enemies, may serve him without fear,<sup>230</sup>*

*Our root problems are caused by our enemies.*

### *I. The root problem of sins*

*God has eternally forgiven us for our sins in Christ. Matt. 1:21 She will give birth to a son and you will name him<sup>17</sup> Jesus,<sup>18</sup> because he will save his people from their sins.” The problem of our sins is solved by faith in the blood of Christ. The blood provided forgiveness and removes the feelings of guilt. Heb 9:12 and he entered once for all into the most holy place not by the blood of goats and calves but by his own blood, and so he himself secured<sup>15</sup> eternal redemption. The problem of sins are solved At the time of salvation in our lives. God has forgiven us for all our sins. Col 2:13;14 And even though you were dead in your<sup>26</sup> transgressions and in the uncircumcision of your flesh, he nevertheless<sup>27</sup> made you alive with him, having forgiven all your transgressions. 2:14 He has destroyed<sup>28</sup> what was against us, a certificate of indebtedness<sup>29</sup> expressed in decrees opposed to us. He has taken it away by nailing it to the cross.having forgiveness for all our trespasses.*

### *II. The root problem of sin*

*We need forgiveness for our sins and deliverance from our sin. Romans 6:1 What shall we say then? Are we to remain in sin so that grace may increase? 6:2*

*Absolutely not! How can we who died to sin still live in it? 6:3 Or do you not know that as many as were baptized into Christ were baptized into his death? Paul was not speaking of a believer's occasional falling into sin, as every Christian does at times because of the weakness and imperfection of the flesh. He was speaking of intentional, willful sinning as an established pattern of life (MacArthur, pg. 316 Romans). The person who is alive in Christ has died to sin. By simple reason it must be admitted that the person who has died to one kind of life cannot still live in it. Again by definition, a person does not continually die. If his death is real, it is permanent. The person who has truly died to sin cannot possibly still live in it. (MacArthur, pg. 317 Romans). In Christ, the old self has been made a corpse; and a corpse, by definition, has in it no remaining vestige of life. The old man, the old self, is the unregenerate person. He is not part righteous and part sinful, but totally sinful and without the slightest potential within himself for becoming righteous and pleasing to God. The new man, on the other hand, is the regenerate person. He is made pleasing to God through Jesus Christ, and his new nature is entirely godly and righteous. He is not yet perfected or glorified, but he is already spiritually alive and holiness is at work in him (MacArthur, pg. 318 Romans). It is impossible to be alive in Christ and also still be alive in sin. Romans 6:6 We know that<sup>3</sup> our old man was crucified with him so that the body of sin would no longer dominate us,<sup>4</sup> so that we would no longer be enslaved to sin. 6:7 (For someone who has died has been freed from sin.)<sup>5</sup> Old does not translate *archaios*, which simply refers to chronological age, but rather *palaios*, which refers to something that is completely worn out and useless, fit only for the scrap heap. For all practical purposes it is destroyed. When Scripture is compared with Scripture, it becomes clear that the 'old self' to which Paul refers in Romans 6 is none other than the unregenerate, in-Adam man described in chapter 5, the person who is apart from divine redemption and the new life it brings (MacArthur, pg. 323 Romans). Crucifixion does not simply produce extreme suffering; it produces death. To be crucified is to die. (MacArthur, pg. 324 Romans). Paul clearly states that a believer's putting off the old self is a *fait accompli*, something that has already and irreversibly been accomplished. Col 3:9 Do not lie to one another since you have put off the old man with its practices 3:10 and have been clothed with the new man<sup>6</sup> that is being renewed in knowledge according to the image of the one who created it.*

The NASB (done away with) and the King James (destroyed) can suggest that our body of sin is annihilated. (Done away with) literally means 'to render inoperative

or invalid”, to make something ineffective by removing its power of control. New birth in Christ brings death to the sinful self, but it does not bring death to the temporal flesh and its corrupted inclinations until the future glorification (MacArthur, pg. 323 Romans).

As Paul explains more fully in chapter 7 of this letter, a believer’s unredeemed humanness-of which he uses his own as example-remains with him until he is transformed to heavenly glory. He is new, redeemed, holy creation incarcerated in unredeemed flesh. (MacArthur, pg. 323 Romans).

### III. The problem of our flesh

Our bodies, are more than physical shells that house our soul and spirit. They are also where our old, unredeemed humanness resides. Our bodies incorporate our humanness, our humanness incorporates our flesh, and our flesh incorporates our sin (MacArthur, Romans pg 142). Our bodies encompass not only our physical being but also the evil longings of our mind, emotions, and will. Paul informs us in Rom 7:5 *For when we were in the flesh,<sup>9</sup> (before we were saved) the sinful desires,<sup>10</sup> aroused by the law, were active in the members of our body<sup>11</sup> to bear fruit for death. Long after Paul was saved: Rom 7:22 *For I delight in the law of God in my inner being. 7:23 *But I see a different law in my members waging war against the law of my mind and making me captive to the law of sin that is in my members.* In other words the redeemed soul must reside in a body of flesh that is still the beachhead of sin, a place that can readily be given to unholy thoughts and longings. It is that powerful force within our ‘mortal bodies’ (THE FLESH) that tempts and lures us to do evil. (MacArthur, Romans pg 142).**

Yet Paul clearly taught that the body can be controlled by the redeemed soul. I Cor. 6:13 *“Food is for the stomach and the stomach is for food”<sup>9</sup>—but God will do away with both.<sup>10</sup> The body is not for sexual immorality, but for the Lord, and the Lord for the body. As with our spirits, God created our bodies and souls for Himself, and in this life, He cannot work through us without in some way working through our bodies. If we speak for Him, it must be through our mouths. If we read His Word, it must be with our eyes. If we hear His Word it must be though*

our ears. If we think for Him, it must be with our minds, which now resides in our bodies. There can be no sanctification, no holy living, apart from our bodies. That is why Paul prayed, “May the God of peace Himself sanctify you entirely; and may your spirit and soul and body be preserved complete, without blame at the coming of our Lord Jesus Christ (I Thes 5:23). (MacArthur, Romans pg 144). We cannot prevent the remnants of sin from persisting in our mortal bodies. But we are able, with the Lord’s power, to keep that sin from ruling our bodies. Since we are given a new, Spirit-indwelt nature through Christ, sin cannot reign in our spirit. And it should not reign in our bodies.

*Gal 5:16 But I say, live<sup>2828</sup>tn Grk “walk” (a common NT idiom for how one conducts one’s life or how one behaves), by the Spirit and you will not carry out the desires (lust) of the flesh.<sup>29</sup>*

Lust means strong desire. The Holy Spirit has a strong desire against the flesh-our flesh. Walking in the flesh is the primary reason for inner conflict. Solution to inner conflict (walking in the flesh) is walking in the Spirit. So we must deal with desires of the flesh-desires to fulfill legitimate desire in illegitimate manner. Rom 8:13 (for if you live according to the flesh, you will<sup>15</sup> die),<sup>16</sup> but if by the Spirit you put to death the deeds of the body you will live. Next time recognize ungodly desire confess, “Holy Spirit I trust you to put this desire of the flesh to death”. Rom 13:14 Instead, put on the Lord Jesus Christ, and make no provision for the flesh to arouse its desires. Unlike the phrase ‘put on’ in Eph 4:22 which is in the aorist infinitive but not an imperative, the phrase ‘put on’ in Romans 13:14 is an aorist infinitive that is an **IMPERATIVE (command)**. It has happened in the past and we are commanded to do it in the present and do so with urgency. As well, Rom 13:12 The night has advanced toward dawn; the day is near. So then we must lay aside the works of darkness, and put on the weapons of light. As well, Eph 6:11 Clothe yourselves with the full armor of God so that you may be able to stand against the schemes<sup>19</sup> of the devil.

It seems that Paul means two things in declaring that Christ died to sin. First, He died to the penalty of sin by taking upon Himself the sins of the whole world. He met sin’s legal demand for all mankind who would trust in Him. By their faith in Him, empowered by His divine and limitless grace, believers have forensically (legally) died to sin. Second, Christ died to the power of sin, forever breaking its power over those who belong to God through their faith in His Son. Paul assured

even the immature and sin-prone believers in Corinth that God “made Him who knew no sin to be sin on our behalf, that we might become the righteousness of God in Him (2 Cor. 5:21) ((MacArthur, pg. 328 Romans).

## Knowing

We know that<sup>3</sup> our old man was crucified with him so that the body of sin would no longer dominate us,<sup>4</sup> so that we would no longer be enslaved to sin

For a Christian to live out the fullness of his new life in Christ, for him to truly live as the new creation that he is, he must know and believe that he is not what he used to be. He must understand that he is not a remodeled sinner but a remade saint. He must understand that, despite his present conflict with sin, he is no longer under sin’s tyranny and will never be again. The true understanding of his identity is essential (MacArthur, pg. 333 Romans).

## Considering or Reckoning

*Rom 6:11 So you too consider yourselves<sup>8</sup> dead to sin, but<sup>9</sup> alive to God in Christ Jesus...* Paul’s answer follows, Consider yourselves to be dead to sin, but alive to God in Christ Jesus. He was not speaking of a psychological mind game, by which we keep affirming something over and over until we are convinced against our better judgment or even against reality that it is true. We know we are dead to sin and alive to God in Christ Jesus because God’s Word declares it is so. In other words, those are truths of faith and they must be affirmed in faith (MacArthur, pg. 335 Romans). Until a believer accepts the truth that Christ has broken the power of sin over his life, he cannot live victoriously, because in his innermost being he does not think it is possible (MacArthur, pg. 335 Romans).

*Col 3:9 Do not lie to one another since you have put off the old man with its practices 3:10 and have been clothed with the new man<sup>6</sup> that is being renewed in knowledge according to the image of the one who created it.*

<sup>6</sup>**sn** *Put off all such things.* The commands in vv. 8-9 are based on two reasons given in vv. 9-10—reasons which are expressed in terms of a metaphor about clothing oneself. Paul says that they have put off the old man and have put on the new man. Two things need to be discussed in reference to Paul’s statement. (1) What is the meaning of the clothing imagery (i.e., the “have put off” and “have

*been clothed*”)?) (2) What is the meaning of the *old man* and the *new man*? Though some commentators understand the participles “*have put off*” (v. 9) and “*have been clothed*” (v. 10) as imperatives (i.e., “put off!” and “put on!”), this use of participles is extremely rare in the NT and thus unlikely here. It is better to take them as having the semantic force of indicatives, and thus they give an explanation of what had happened to the Colossians at the time of their conversion—they had taken off the *old man* and put on the *new* when they trusted in Christ (cf. 1:4). While it is difficult to say for certain what the background to Paul’s “clothing” metaphor might be (whether it is primarily Jewish and comes from the OT, or primarily Gentile and comes from some facet of the Greco-Roman religious milieu), it is nonetheless clear, on the basis of Paul’s usage of the expression, that the *old man* refers to man as he is in Adam and dominated by sin (cf. Rom 6:6; Eph 4:22), while the *new man* refers to the Christian whose new sphere of existence is in Christ. Though the metaphor of clothing oneself primarily reflects outward actions, there is a distinct inward aspect to it, as the rest of v. 10 indicates: *being renewed in knowledge according to the image of the one who created it*. Paul’s point, then, is that Christians should take off their dirty clothing (inappropriate behavior) and put on clean clothing (behavior consistent with knowing Christ) because this has already been accomplished in a positional sense at the time of their conversion (cf. Gal 3:27 with Rom 13:14), (Net Bible reference). *Look at Eph 4:22 You were taught with reference to your former life to lay aside<sup>25</sup> the old man who is being corrupted in accordance with deceitful desires, 4:23 and to be renewed in the spirit of your mind, 4:24 and to put on the new man who has been created in God’s image<sup>26</sup>—in righteousness and holiness that comes from truth.<sup>27</sup>* The verb phrases ‘put off’ and ‘put on’ are an aorist infinitive which are not imperatives. That is to say that God not exhorting us to do something here. The ‘put off’ and the ‘put on’ phrases are a once and forever action done by God at and in the believer’s life at salvation.

*Rom 13:14 Instead, put on the Lord Jesus Christ, and make no provision for the flesh to arouse its desires.* [12. Aorist Infinitive – an imperative whereby it](#) has happened in the past but we are commanded to do in present and with urgency.

So what we know and reckon to be dead is our sinful man that we inherited from Adam. It is dead, never to be revived. Never to live again. The ole man is destroyed. The ole man is done away with, rendered useless. Therefore, we know

this. We remember this. We remember that this is what God did for us in Christ. We are no longer ignorant of this. Therefore, we reckon it to be so. We reckon that we are dead to the ole man. We are dead to sin.

Why is this important for us to do?

Verse 11 tells us that we are alive to God in Christ. However, it won't do us any good to know we are alive in Christ and free to do God's will unless we first know we have been set free from sin. We must be set free from sin in order to be alive in Christ. Knowing and Reckoning that we are dead to sin and alive in Christ helps to keep our focus on God's purpose for our lives. Should we sin more because we have been set free from sin and forgiven? Paul says emphatically, "NO WAY"! This is the point of the chapter. God's purpose for setting us free from sin is not that we can now sin more, but sin less. God's purpose is destroying our ole man is so that we can live to God.

So it is important for us to know we are dead to sin and reckon ourselves dead to sin even though our ole man is forever gone, incapable of sinning any longer.

Another words

**BE WHAT YOU ARE?**

After the Civil War and the liberation of the slaves in the South, some of the slaves naturally forgot that they were now free men and they went on living and behaving exactly as if they were still slaves even though they were in fact-free. President Lincoln initiated the proclamation emancipation. The proclamation stated that the slaves were no longer slaves but were completely free. Legally and positionally the slaves were free. The former slave was no longer a slave; the same man was alive and the slave that once was, had gone forever and was dead. Yes, but the poor man out of habit and practice and custom would go on living as if he were still a slave. So the thing to say to him was 'Put off Slavery'! You are a free man; live as a free man. Stop living as a slave, stop behaving as a slave, you are free. Be what you are! (Martin-Lloyd Jones, Ephesians 4)